



ALLYHEALTH

TELEMEDICINE MODULE (24/7/365 Access to Doctors)

AllyHealth is different from other telemedicine services because we provide proactive support to our clients every step of the way. Our proprietary, technology-enabled, high-tech and high-touch engagement system allows us to guarantee utilization levels that you won't find anywhere else.

HOW IT WORKS

Talk directly with a doctor or pediatrician within minutes by phone, video, or mobile app - 24/7/365. From home, the office, or on the go. On your schedule. Anytime. Anywhere.

FEATURES AND BENEFITS

- 24/7/365 access to our experienced, board certified doctors
- Unlimited use, with no per-call fees or co-pays
- Prescriptions called in to your local pharmacy
- AllyHealth's proprietary, comprehensive, technology-driven, multi-channel engagement system
- Transparent reporting, and Guaranteed Results!
- Reduce costs, redirect claims, and increase productivity
- Improve employee recruitment and retention

COMMON CONDITIONS WE TREAT

• Acne	• Fever	• Sinus Infection
• Allergies	• Gout	• Skin Inflammations
• Asthma	• Headache	• Sore Throat
• Bronchitis	• Infections	• Sports Injuries
• Cold & Flu	• Insect Bites	• Sunburn
• Constipation	• Joint Aches & Pains	• Urinary Tract Infection
• Diarrhea	• Rashes	• And more...

WHEN TO USE ALLYHEALTH

- Instead of going to the ER or urgent care center for a non-emergency medical issue
- During or after normal business hours, nights, weekends, and even holidays
- If your primary care doctor or pediatrician is not available
- To request prescriptions or refills (when appropriate)
- If traveling and in need of medical care



24/7/365 Virtual Care.
Anytime. Anywhere.

www.AllyHealth.net

(888) 565-3303



ALLYHEALTH

TELETHERAPY & MENTAL HEALTH MODULE

Empower employees and their families to be proactive with their mental health and wellbeing, nurture work-life balance, and live happier and healthier lives.

HOW IT WORKS

Connect with a licensed therapist, counselor, psychiatrist, or behavioral health specialist from home, the office, or on the go - on your schedule - via phone or mobile app.

FEATURES INCLUDE

- 24/7 access to our network of experienced behavioral health practitioners
- Up to 10 Free talk therapy counseling sessions per year*
- Continued, long-term counseling sessions available at reasonable rates
- Psychiatrists and other behavioral health specialists available 24/7 on a fee for service basis
- Services are completely confidential
- Access from the privacy of your home or office - when and where you need it
- Available to you and your family members

COMMON ISSUES WE SUPPORT

24/7 access to experienced therapists, counselors, psychiatrists and behavioral health specialists to support many common issues, including:

• Addictions	• Eating Disorders	• Panic Disorders	• Stress
• Bipolar Disorders	• Grief and Loss	• Parenting Issues	• Trauma and PTSD
• Child and Adolescent Issues	• Life Changes	• Postpartum Depression	• Women's Issues
• Depression	• Men's Issues	• Relationship and Marriage Issues	• And more

*\$0 copay counseling sessions limited to ten sessions per family per year.



AllyHealth

\$16/month with Telemedicine
\$21/month with Telemed & Teletherapy



You now have access to top primary-care physicians dedicated to understanding your needs and developing a tailored care plan to fit your lifestyle! Featuring easy access to care via video or telephonic visits, plus a dedicated care team available to assist 24/7/365.

FEATURES INCLUDE

- A Dedicated Physician.** Select a Primary Care Physician who will provide personalized care while managing routine and ongoing health conditions, medication adherence, and preventative care.
- Integrated Lab Services.** Convenient lab tests and routine screenings with our national lab partners, with an annual wellness panel available for each family member once per year at no cost.
- Easy Prescription Pickup.** Your physician will send any prescribed prescriptions to your preferred pharmacy for easy pickup.
- Health Risk Assessment.** Complete a comprehensive survey so your dedicated physician can personalize and optimize your care plan to fit your unique needs.
- Referrals to In-Network Specialists.** Your dedicated care team will work with your physician to locate in-network specialists, provide referrals, and schedule and coordinate appointments when needed.
- Care Coordination.** Your friendly care team is ready to assist 24/7/365 with anything healthcare related. From insurance benefit related questions, to transferring medical records, to finding a cash-pay imagery center, and more, your care team is here to support you in coordination with your dedicated physician.
- Chronic Condition Management.** Specialized and personalized ongoing treatment, care, and support for chronic health issues.

WHY INTEGRATED PRIMARY CARE?

- By uncovering unknown health issues before they become emergent, millions can be saved for a self-funded plan
- Immediate savings with redirection of healthcare claims, and long-term savings from continued coordinated care
- 24/7/365 collaborative care team to support treatment adherence and medication management
- Integration with other virtual care services for continuity of care
- Appointments for new patients available within 72 hours, on average (vs. multi-week wait times for typical in-person primary care providers)

COMMON CONDITIONS WE TREAT

• Diabetes and Prediabetes	• GI Tract Issues	• Anemia
• High Cholesterol	• Arthritis	• Obesity Management
• High Blood Pressure	• Allergic Conditions	• And More

DID YOU KNOW?

70% of employees do not get an annual wellness exam **and** approximately **50%** of all catastrophic claimants have zero prior claims.



Virtual Dermatology

Our board-certified dermatologists can treat and diagnose hundreds of common skin, nail, and hair conditions, as well as help manage chronic skin conditions. No more waiting weeks to sit in an overbooked dermatology waiting room. Receive a treatment plan and prescription, if needed, within 72 hours after initial intake.

FEATURES INCLUDE

- Treatment plan and prescription, if needed, within 72 hours after initial intake
- Significantly lower wait times
- The convenience to consult with dermatologists from the comfort of your home
- Expedited diagnosis and treatment
- Specialized, ongoing care for chronic conditions

DID YOU KNOW?

The average wait time for a new in-person dermatology appointment is*

4.5
Weeks

*nih.gov

HOW IT WORKS

1. Log-In

Download the AllyHealth app, or visit allyhealth.app/#/ to log into your member portal to schedule a consultation with a dermatologist 24/7/365.¹

2. Request a Consultation

Request a consultation with a dermatologist, describe the condition and upload a minimum of three (3) images.²

3. Dermatologist Review

A dermatologist will review the consultation details, health records, and the attached images within 72 hours and provide a treatment plan and prescriptions, when necessary.

4. Prescriptions Sent

Prescription will be sent electronically to your local pharmacy.

COMMON CONDITIONS WE TREAT

• Acne	• Skin Infections	• Ringworm
• Psoriasis	• Athlete's Foot	• Poison Ivy
• Rosacea	• Cold Sores	• Shingles
• Rash	• Eczema	• And More