



CYCLE CHALLENGE PARTICIPANT RULES



WE ASK THAT YOU FOLLOW THESE GUIDELINES SO THAT EVERYONE INVOLVED CAN HAVE A FUN EXPERIENCE WHILE SUPPORTING THE GENESEE VALLEY GREENWAY STATE PARK

1. Ensure your bicycle is in good working condition before the event.
2. Bring enough water and snacks to stay hydrated and energized.
3. Per NYS law, kids under 14 must always wear a bicycle helmet.
4. Follow all traffic laws and signals when on a paved road.
5. Use hand signals to indicate turns and stops.
6. Communicate when passing, saying "On your left" or using a bell.
7. Keep a safe distance from other riders.
8. If you approach a horse on the trail, dismount when passing.
9. Stay on the designated Cycle Challenge path.
10. Do not litter. Use provided bins for trash.
11. Be mindful to avoid hurting wildlife or damaging plant life.
12. Ride single-file in crowded or narrow areas.
13. Offer assistance to fellow riders in need.
14. Listen to instructions from event staff and volunteers.
15. Ride your own pace and do not feel pressured to keep up.
16. Take breaks as needed at designated rest/learning stops.
17. Maintain a positive and friendly attitude throughout the event.
18. Report any incidents to the nearest event volunteer.
19. Take photos and share your experiences with the community.
20. Enjoy the ride and the beautiful scenery of the trail.